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For Immediate Release

The Lake Club Women's Charitable Foundation strengthens families with a $3,000 investment in Forty Carrots' therapy services for survivors of domestic violence.

(Sarasota – October 16, 2026) – Forty Carrots Family Center's mental health services help children and caregivers affected by domestic violence rebuild a sense of safety and security within their families. With support from The Lake Club Women's Charitable Foundation, Forty Carrots' mental health therapists help survivors regulate their emotions, develop healthy coping strategies, and restore stable connections as families heal together from traumatic experiences.

"Violence and abuse do not discriminate, and children in our community need help now. The Lake Club Women's Charitable Foundation's generous support ensures that Forty Carrots is there when families need us most. We are honored by the Foundation's support and their commitment to uplifting families," said CEO Michelle Kapreilian.

"Helping women, children, and families feel safe and supported is at the heart of our mission. We are proud to partner with Forty Carrots as they provide compassionate care to families healing from domestic violence. Through partnerships like this, our members' generosity becomes meaningful support for families in our community," said the Lake Club Women's Charitable Foundation.

About Forty Carrots Family Center

Since 1993, **Forty Carrots Family Center** has served families in Sarasota, Manatee, and DeSoto counties, ensuring good beginnings that last a lifetime for children through its expertise in Parenting Education, Mental Health Services, and Early Childhood Education. Rated 4-Stars by Charity Navigator, Forty Carrots serves families from all walks of life, with 96 percent of families receiving services at no or low cost. Visit www.fortycarrots.org for more information.

About The Lake Club Women's Charitable Foundation

Founded by Barbara Najmy and fourteen visionary women, The Lake Club Women's Giving Circle was established as one of the Founders 50 Funds within the Lakewood Ranch Community Fund, operating under the umbrella of the Manatee Community Foundation. United by friendship, generosity, and a shared commitment to giving back, these women planted the seeds for what would become a lasting

legacy of philanthropy throughout Sarasota and Manatee Counties to enhance the lives of women, children, and families in our community.

Building upon more than a decade of growth and impact, The Lake Club Women's Giving Circle proudly became The Lake Club Women's Charitable Foundation after receiving independent 501(c)(3) status. Today, TLCWCF Board of Directors, members, volunteers, donors, sponsors, and community partners proudly continue building upon the vision established by our founders. Together, we invest in nonprofit organizations that strengthen our community while inspiring women to lead lives of generosity, service, and purpose. Visit www.tlcwcf.org for more information.

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