



NOTE FROM CEO

Dear Friends,

Our end of year appeal kicked off in November with a generous \$150,000 match from our Board, followed by a boost from the Louis & Gloria Flanzer Philanthropic Trust by raising Flanzer's matching cap from \$500 to \$1,000 for each donation in December.

In a true community effort, we far exceeded our goal with \$443,542.50 raised including the matched funds! Our heartfelt thanks to all our donors and a sincere welcome to the 20% of donors who gave for the first time to Forty Carrots Family Center during the appeal. Funds are already hard at work supporting mental health and parenting education services and preschool scholarship funds.

I'm filled with gratitude for every person who makes our Forty Carrots Family so special: the children and families we serve, our donors and community partners, our talented staff, the impeccable leadership of our Board of Trustees.

Because of you, 2026 is filled with the opportunity to care for all who need us.



With Gratitude,

Michelle Kapreilian
Chief Executive Officer
Forty Carrots Family Center

ANNUAL EVENT



Wine Women & Shoes 2025 announces net dollars raised of \$1 million at this year's event. Thank you to our attendees and sponsors who made this possible.

Save the date for next year's event on Friday, November 13th at The Ritz Carlton, Sarasota.

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CHILD + FAMILY THERAPY

Youth mental health is dramatically impacted by technology—research proves it. With ever-advancing technology, we are, as always, dedicated to learning more about the complexities and challenges of AI and how to mitigate risks for children and families. The concern surrounding the risks of AI chatbots has grown amongst parents and professionals within the mental health field, as youth are increasingly turning to chatbots and virtual companions for comfort, validation, and guidance—sometimes in moments of vulnerability and crisis. Our mental health services provide what AI simply cannot and research continually confirms effective—real presence, discernment, safety, and healing under the direction of an experienced professional working with the family regardless of age.

CALENDAR

FEBRUARY 2026

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

PARENTING EDUCATION

Our end of year outcomes highlight Forty Carrots' role as a strengths-based, preventive service that builds caregiver confidence, promotes healthy child development, reduces isolation, and supports long-term family stability across the community. One client shared, "The fact that this exists is awesome, and I think more people should know about this program." Another participant in the infant parenting education groups stated, "I love that the group is accessible to low-income families. I love having a safe place where my baby can explore."

Our outcomes clearly reflect the meaningful impact Forty Carrots has in the community. 98% of families reported a better understanding of their child's behavior and growth and are doing more things at home to support their child such as: playing, singing, and reading. 97% of families reported increased confidence and optimism when navigating challenging behaviors, the establishment of daily routines, improved approaches to sleep, and stronger social connections.

PRESCHOOL

The end of the year centered around family traditions in our Preschool. Children shared their perspectives of their family traditions and families participated by sharing food, books, and songs that make the season special. Themes of kindness, giving (helping neighbors and friends), winter, light, and community were all explored and filled our building with joy by the students, teachers, and families.



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