



NOTE FROM CEO



Pictured left to right: Parenting Educator, Wendy Norman; Chief Program Officer, Carla Johannis; Human Resource Manager, Matthew Rogers; Chief Executive Officer, Michelle Kapreilian; Preschool Director, Molly Bowbeer; Communications Coordinator, Theresa Roediger; Development Administrator, Marguerite Andrich.

Dear Friends,

I'm proud to share that Forty Carrots Family Center has been recognized as a Top Workplace across Sarasota and Manatee counties—for the third year in a row!

This recognition is especially meaningful because it's based entirely on feedback from our dedicated team, gathered through an anonymous third-party survey. conducted by Energage and the Sarasota Herald-Tribune.

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CHILD + FAMILY THERAPY

Mental Health Therapists recently completed an AFFIRM CBT Group with LGBTQ+ youth ages 12-16 years old. AFFIRM CBT is an



evidence-based, eight-week intervention that focuses on reducing mental health issues by tailoring skills to address the unique needs, experiences, and challenges experienced by LGBTQ+ youth. This group uses Cognitive Behavioral Therapy (CBT) strategies combined with trauma-informed and affirmative approaches to help manage stress, enhance coping skills, and validate the strengths of the group members.

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PARENTING EDUCATION



Forty Carrots is excited to announce the Parenting Education expansion of Partners In Play® into DeSoto County, a community with limited access to parenting support services. To reach as many families as possible, two Partners In Play® groups will be offered weekly at the DeSoto County Library. These play-based groups are open to families with children up to age five, providing opportunities for children and caregivers to engage in meaningful learning experiences that support healthy child development. By establishing a consistent presence in DeSoto County, we aim to build stronger family bonds, enhance early childhood development, and connect parents to a supportive network of peers and resources, ensuring that more families have access to quality parenting education.

PRESCHOOL



The Preschool at Forty Carrots is alive with energy as we begin the 2025 – 2026 school year! Our classrooms are once again filled with children and teachers laughing, learning and building trusting relationships with one another. It is truly wonderful to see our school buzzing with life again, and everyone is settling into new routines with ease.

Over the summer, our building received some exciting updates including fresh paint and a brand-new fence.

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MATCH CAMPAIGN



Help Forty Carrots Preschool provide **27 SCHOLARSHIPS** for students in need. A one-time or monthly donation will be **matched Dollar-For-Dollar** by the Flanzer Trust, helps ensure every child in our community starts school ready to succeed.



DONATE NOW
AND DOUBLE YOUR IMPACT

TICKETS ON SALE!



Back for its 19th dazzling year, Wine, Women & Shoes presented by Venus Med Spa returns to The Ritz-Carlton, Sarasota on Friday, Nov. 14, 2025, for an unforgettable afternoon of fashion, philanthropy, and fine wine — all benefiting Forty Carrots Family Center.

Tickets are available now and limited table sponsorships remain.

To purchase, visit **WWSSRQ.com**. For additional information, please contact **Events@FortyCarrots.com**.

CALENDAR

SEPTEMBER 2025

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!



LEARN MORE

NOTE FROM THE CEO

Forty Carrots ranked #6 in the small companies' category (100 or fewer employees)—a true testament to the passion and commitment of our staff. The survey evaluated hundreds of applicants for more than 25 workplace factors and invited employees to share comments. One heartfelt comment from a Forty Carrots team member was highlighted during the awards ceremony:

"I love my job because of the level of integrity each member of the staff has. Each staff member is regarded as an important piece of the team, and I am very proud of the work we do here."

Our unique culture is the key to our organization's success, and this can only be measured by the satisfaction and authentic commitment of our staff. Our board and leadership staff are continually focused on keeping Forty Carrots as a place where meaningful work happens, but also a place where our employees genuinely love to work.



With Gratitude,

A stylized, handwritten signature in black ink that reads "Michelle Kapreilian".

Michelle Kapreilian
Chief Executive Officer
Forty Carrots Family Center

CHILD + FAMILY THERAPY

Several of Forty Carrots' Mental Health Therapists recently received training in AFFIRM CBT through an initiative funded by Equality Florida. The 4-day training was offered to a number of mental health agencies and providers in Sarasota and Manatee County with the intention of improving access to evidenced-based mental health services to LGBTQ+ youth in the community. Forty Carrots is working to strengthen the partnership with ALSO Youth as they move into their new location in Sarasota County and grow their therapy referral program and their list of qualified providers. As a result of the AFFIRM CBT training, three additional Forty Carrots Mental Health Therapists have been added to ALSO Youth's list of approved mental health providers in a collaborated effort to help support LGBTQ+ youth in the community.



PRESCHOOL



A special thank you to Truman for our extended mural, we are grateful to have him continue our First 1000 Days mural. Our outdoor classroom now features new shades, giving children and teachers a comfortable space to explore and learn while staying cool. While change can sometimes take a little adjustment, both parents and children love the refreshed look of our preschool—paired with the same core values that Forty Carrots has always cherished.