

OUR MISSION - To nurture healthy child and family development through research-based, relationship-centered education and mental health services.

Founded in 1993, Forty Carrots is guided by a vision that all parents will provide their children with experiences and environments that are emotionally and physically safe so that they can grow into capable and caring young people.

 AREAS OF EXPERTISE**PARENTING
EDUCATION**

Aims to empower families with the tools they need to ensure positive outcomes, both short and long-term for children. Information, skills and support are provided to our community's most at-risk families.

**MENTAL
HEALTH**

Offering individual and group therapy to children, adolescents, and their families. These services are individualized to meet each client's mental health concerns and to improve overall family functioning.

**EARLY CHILDHOOD
EDUCATION**

Preparing children for success through high quality education, taught by degree-levelled teachers integrating the latest research and best practices.

 FREE COMMUNITY OUTREACH PARTNERS (2025-2026)

Currently delivering weekly parenting education and mental health services to clients throughout Sarasota, Manatee, and DeSoto Counties at these partner locations:

- ALSO Youth
- Alta Vista Elementary
- Brentwood Elementary
- Children's Cancer Center
- Child Protection Center
- CYESIS Teen Parent Program at North Port High
- CYESIS Teen Parent Program at Riverview High
- DeSoto County Library
- Education Foundation of Sarasota County
- Gocio Elementary
- Harvest House
- Lactation Loop
- Lightshare Restore Program
- Lightshare Crossroads & Choices
- Lightshare Mothers & Infants Program
- Manatee County Libraries
- Manatee County Schools
- Mothers Helping Mothers
- National Alliance on Mental Illness (NAMI)
- Pace Center for Girls
- Safe Children Coalition
- Safe Place and Rape Crisis Center (SPARCC)
- Salvation Army
- Sarasota County Libraries
- Sarasota County Schools
- Selah Freedom
- Soar in 4 Program
- SOLVE Maternity Homes
- Teen Court of Sarasota, Inc.
- Teenage Parent Program (TAPP)
- Tuttle Elementary
- Unite Us, First 1,000 Days

2024 - 2025 PROGRAM YEAR ACCOMPLISHMENTS**96%**

Clients Received Free services

5,603 Clients
Served**1,907 FREE**
Community Outreach Groups**33**Community
Partner
Locations

Check out Forty Carrots Family Center's full offering of Parenting Education, Child & Family Mental Health, and Early Education services.