



NOTE FROM CEO

Dear Friends,

The need for youth mental health support is at a crisis level. Our children are facing rising stress, social pressures, academic demands, and the impacts of digital media. Early intervention is critical to prevent long-term challenges and promoting resilience and combating the effects of anxiety, depression, and loneliness requires high quality appropriate resources. Forty Carrots' way of partnering with community organizations ensures that we are all working together to create safe, supportive environments for our children and families. Having access to the care and expertise that Forty Carrot's provides continues to be a life changer for thousands in our community. Thank you for supporting this crucial work.



With Gratitude,

Michelle Kapreilian
CEO, Forty Carrots Family Center

Our community is at a breaking point:
50% of children & youth who need mental health care do not get it...
But it doesn't have to be this way.



DONATE NOW
TO SUPPORT FAMILIES TODAY

SAVE THE DATE!



Wine, Women & Shoes Signature Luncheon will take place on Friday, Nov. 14, 2025, at The Ritz-Carlton, Sarasota.

Table Release for 2024 Sponsors is now open and will be open to the public on May 13th.

For more information, please contact us at **events@fortycarrots.com**

[CLICK FOR DETAILS](#)

CALENDAR

MAY 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	21	22	23	24	25
26	27	28	29	30	31	

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!



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CHILD + FAMILY THERAPY



The Mental Health Department is partnering with **Pace Center for Girls**. Forty Carrots **Mental Health Therapists** will provide school-based therapy to a caseload of students referred to Forty Carrots for services.

Pace Center for Girls provides free year-round services for middle and high school academics, counseling, career preparation and life skills in a trauma-informed environment for youth whose needs are outside of what is offered in the traditional public school system. Our therapists will play an essential role in providing mental health services to the students whose families are having a difficult time accessing services in the community.

PARENTING EDUCATION



Forty Carrots is proud to announce a new upcoming partnership with the **DeSoto County Public Library**. As the only library in DeSoto County, located in Arcadia, it serves a community with limited resources. This presents a valuable opportunity for Forty Carrots to provide a range of Parenting Education and support services to local families.

Beginning in August, we are excited to offer Partners In Play® (PIP) and Welcome to Our World® (WOW) programming on Thursdays! Partners In Play® (PIP) is designed for caregivers and their children who are mobile up to age 5.

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PRESCHOOL



Our Pre-K classrooms are filled with young authors! The students have been actively learning about different aspects of storytelling and brainstorming to create their own books. They carefully listed their characters, identified a problem and proposed solutions and used reference sheets to help bring their stories to life.

[READ MORE](#)

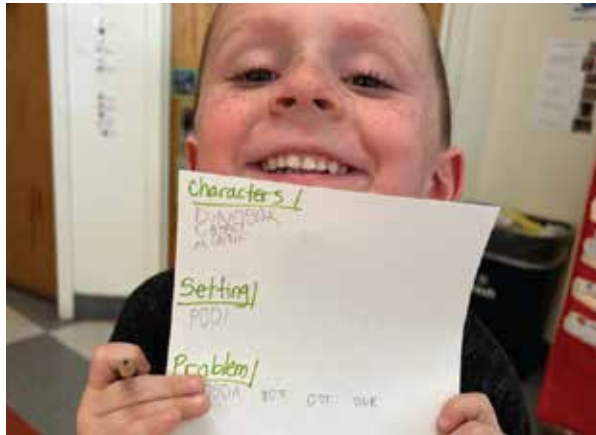
PARENTING EDUCATION

This play-based program fosters connection and development through interactive activities that encourage learning and growth in a fun, supportive environment. Welcome to Our World ® (WOW) is a talk-and-play program for caregivers and their infants, from newborn to 7 months old. This group offers a warm, welcoming space for conversation, connection, and early bonding experiences during the early months of parenting. In addition, The Ringling Museum will be joining Forty Carrots at DeSoto Library to collaborate in our groups! They'll be bringing a rich, hands-on art experience to families who may not have the opportunity to travel to the museum themselves. This partnership will be a great way to broaden access to the arts and deepen the family experience in our programs.

Both PIP and WOW are grounded in strengthening family systems through nurturing relationships and secure attachment. These programs support caregiver resilience, provide valuable early childhood and parenting information, and help build strong community connections. Our goal is to ensure a solid emotional foundation for each child through supportive, engaging, and developmentally appropriate experiences.

PRESCHOOL

During the story building process, the class emphasized intentional play-based learning, resulting in visible success in areas like confidence, writing, drawing, inventive spelling, and more! By creating their own stories, it encouraged independent thinking and problem-solving skills, and the experience was truly rewarding for both the students and their families.



Once the books were completed with illustrations and text, they hosted a family day to showcase their talents. The children took the stage, with support from their teachers, and read the stories to their families. After the delightful presentations, families toured the classroom to explore all the stages of story writing and enjoyed a picnic together.

