



NOTE FROM CEO

Dear Friends,

I am proud and humbled to announce we exceeded our \$10 million dollar goal for our Generations of Change Expansion Campaign! This newsletter is dedicated to showcasing what we've accomplished thus far and how much more is in store for the future. Our deepest appreciation for those who believed in us and who put their investment and trust behind us. Thank you to all our campaign donors who made this expansion of services possible.

[READ MORE](#)

PARENTING EDUCATION



Our new Cattlemen campus has had a profound impact on our Parenting Education work. Our new dedicated space is designed to meet the unique needs of parents and caregivers and has enhanced the overall experience, accessibility, and effectiveness of the program. The new location

has also allowed Forty Carrots to connect with a broader audience and we are seeing many new families joining our in-house groups.

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CHILD + FAMILY THERAPY



For the Child & Family Therapy Department, the move into our Cattlemen campus has provided triple the amount of therapy rooms which has resulted in increased capacity to offer and schedule more appointments and therefore, serve more clients. This has been most impactful in our ability to offer more after-school and evening appointments to children and families, making services more accessible and convenient for them.

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PRESCHOOL



While this was not a formal part of the expansion campaign, the opening of the new Cattlemen Campus presented the opportunity for new growth and expansion in the preschool. The preschool opened the new Caterpillar Room, a transition classroom for the 2024-2025 school year. This new classroom allowed for the enrollment of 14 additional children, providing a unique space for older two-year-olds and younger three-year-olds. The children focus on dramatic play, fine motor skills, and physical development while forming a family group where everyone felt happy and welcomed during their first school experience.

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EVENTS

**MARK YOUR
CALENDAR!**



**THE SIGNATURE
LUNCHEON**

**FRIDAY,
NOVEMBER 14, 2025**

The Ritz-Carlton, Sarasota

APRIL 29

Table release to 2024 sponsors

MAY 13

Table release to all

**GOT QUESTIONS?
LET'S CONNECT!**

Contact us at
events@fortycarrots.com

[CLICK FOR DETAILS](#)

CALENDAR

MARCH 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30	31					

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

HOW TO DONATE



[LEARN MORE](#)

NOTE FROM THE CEO

The service structure at Forty Carrots is aimed to remove barriers to serving all in need, regardless of ability to pay and in close collaboration with partner agencies, effectively fills gaps in service that Forty Carrots is uniquely equipped to do.

As the needs continue to grow in number and severity, this campaign to expand mental health and parenting education services underscores our commitment to serving every child and family who needs us, preventing abuse and neglect and mitigating the effects of childhood trauma by building the healthy relationships and experiences that allow children to thrive.

[VIEW OUR
EXPANSION CAMPAIGN IMPACTS](#)



With Gratitude,

Michelle Kapreilian
CEO, Forty Carrots Family Center

THANK YOU TO OUR GENEROUS CAMPAIGN DONORS!

**Dawn & Mitchell
Epstein**

**Jim & Susan
Travers Family**



Brunckhorst Family • Dennis & Dawn Doughty • Florida Blue Foundation
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Valerie & Charles Dall'Acqua • Monica & Richard Van Buskirk • Aqua Plumbing & Air
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PARENTING EDUCATION

The new campus has also significantly increased the workspace for Parenting Educators, with dedicated office and meeting spaces. This additional space allows for better organization, preparation and collaboration, ultimately enhancing the quality of the program. Parenting Education Director, Laura Josephson stated, “This investment has strengthened the program’s ability to positively impact families and the broader community for years to come.”

The new outdoor classroom was intentionally designed to expand play opportunities for our in-house groups; a moveable wall to ensure the privacy of our court-ordered families; and a spacious waiting area for our families to get to know each other before and after group times.

Families have expressed their appreciation for the increased privacy and security the new building provides, along with plentiful parking. Many parents have shared how they feel at ease discussing personal parenting challenges and seeking support in a setting that prioritizes their comfort. “The best part is talking to other women and building a community in an amazing space.” Parents of newborns from our Welcome to Our World® program shared that no longer having to navigate the shared Preschool space with their strollers and car seats, as well as having ample room to maneuver to the Parenting Center for their group time has enhanced their overall experience and participation. It is common to find them sitting after group and socializing with one another in the inviting and comfortable, space building their new community of families as their children grow.



CHILD + FAMILY THERAPY



While designing the new space, the main goal was to create a warm and welcoming environment where clients felt safe and supported. During the first week of therapy sessions in our new building, a family came in who had been working with their therapist at the former location. As they walked into the new building the mother looked around and smiled while saying, “This feels like Forty Carrots.”

With the increased therapy space, the treatment rooms are individually tailored to meet the diverse needs of staff and their clients – including a treatment room solely dedicated to art therapy, as well as treatment rooms specifically designed for different age groups. While increasing the capacity to see in-person clients, the space is also appropriate for virtual sessions to meet individual family needs. The flexibility of the space allows therapists to tailor the therapy sessions to best suit each individual client as they come to therapy sessions.

Therapy clients also have a separate and confidential waiting area where families can wait through treatment sessions without outside traffic caused by other programming.

Overall, the expansion has resulted in creating a more comfortable and individualized treatment setting to help meet the needs of families, while also allowing for an immediate increase in the number of services for the community.

PRESCHOOL

In addition to the new classroom, a new sensory room was introduced to the preschool. This space allows teachers to bring small groups of children into the room for a quieter time involving calming physical play. Children can be found engaging with the marble wall, thanks to a generous donation from the Sarasota Children's Museum. The room also features a sand table, yoga balls, and sensory tiles, providing productive ways to stimulate the children's senses. The expansion of the preschool has been a very positive experience, and we look forward to adding more equipment to the sensory room and welcoming more children into the school.

