

HAPPY NEW YEAR!

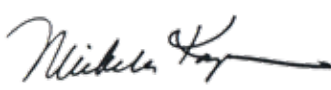
NOTE FROM CEO

DEAR FRIENDS,

Since our last newsletter, we are grateful to report the conclusion of another successful Wine, Women & Shoes event netting Forty Carrots \$1 million dollars in support. The outcome of this glitzy and glamorous fundraising event is a critical component of Forty Carrots operating revenue. This fall fundraiser provides funding to our Mental Health, Parenting and Early Education services at no charge and on a sliding scale throughout Sarasota and Manatee counties. It is important to know that these are not extra dollars for us, they are a part of our \$4 million operating budget serving nearly 6,000 clients yearly. Emily Walsh, President and Publisher of Observer Media Group, attended Wine, Women & Shoes this year and wrote **this editorial** shining a light on the good work being done in the community because of this iconic event. I think she says it all. Please take a moment to read about our thirty years of creating good beginnings for children and families in our community, regardless of an ability to pay.



Warmest regards,



Michelle Kapreilian
CEO - Forty Carrots Family Center

EXPANSION UPDATE

We are excited to share the building is nearing completion! **SUPPORT mental health and parenting education and learn more about the Generations of Change Expansion Campaign!**



CONGRATULATIONS JEAN!



Jean Lolli has played a central role in the growth and success of Forty Carrots Family Center for over 30 years as one of the organization's original staff members. After a long and meaningful career with us, Jean is set to retire from her position as Business & Facilities Manager as of January 31. There will be an open house to celebrate Jean and wish her well in retirement on Feb. 6 from 4pm - 6pm at the Kane Campus at 1500 S. Tuttle Ave. All are welcome!

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CHILD + FAMILY THERAPY

PARTNERSHIP WITH CENTERPLACE HEALTH



In support of providing services to families from all walks of life, regardless of ability to pay, Forty Carrots has partnered with CenterPlace Health since 2020, providing two licensed mental health professionals who maintain a caseload of clients seen through and referred by CenterPlace Health. During the 2023 Calendar year, Forty Carrots provided CenterPlace Health clients with 530 therapy sessions.

[READ MORE](#)

CALENDAR

JANUARY 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

HOW TO DONATE



[LEARN MORE](#)

PARENTING EDUCATION

PARTNERS IN MOVEMENT PARENTING EDUCATION GROUP



The Partners In Movement, parenting education group has been a huge success since it began as a virtual group during COVID. Since then, the group is now held on Wednesdays in-person, in the Parenting Center at Forty Carrots.

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PRESCHOOL

PARENTING PARTNERSHIPS IN THE CLASSROOM



Family involvement is at the heart of early childhood education. Forty Carrots Preschool values and encourages strong parent partnerships in the classroom.

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PRESCHOOL

PARENTING PARTNERSHIPS

IN THE CLASSROOM



We can learn so much from others and our parents have much to offer by way of their experience, culture and skills. Learning from others opens the doors to diversity and inclusivity and teaches students how to interact with and learn from new adults. Teachers schedule times for parents to bring in a wide variety of activities, books, and games.

Some examples of these partnerships have been creating cardboard houses, individual painting canvases, sensory bottles, creating a daisy garden, reading a variety of books, and having a visit from Elmo while learning about puppetry. One class has weekly visits to learn what it takes to create and maintain a garden and how to play the complex game of chess!



PARENTING EDUCATION

PARTNERS IN MOVEMENT

PARENTING EDUCATION GROUP



Parenting Educators create an environment of movement and connection with yoga, dance, gymnastics, PLAY and more! Families explore a child's world while supporting fitness, emotional well-being and building social interaction skills. Each series requires pre-registration and sells out very quickly. During the final series of 2023, families enjoyed the time spent with their little ones and catching up with the Parenting Educators. One family commented, "I am doing more with my daughter since coming to this class. We are working on moving everyday together."

CHILD + FAMILY THERAPY

PARTNERSHIP WITH

CENTERPLACE HEALTH



CenterPlace
Health

Health Care with Heart

[CLICK HERE TO VISIT
CENTERPLACE HEALTH](#)

Serving an important role in the community, CenterPlace Health is a Federally Qualified Health Center that offers high-quality and low-cost healthcare services to thousands of community members each year across six different locations in Sarasota County. These healthcare services include, but are not limited to: pediatric care, adult health services, OB/GYN services, dental care, behavioral health, and pharmaceutical services. Similar to that of Forty Carrots, CenterPlace Health's philosophy and mission centers around the notion that no one should be denied services due to inability to pay and thus, CenterPlace Health serves those with private insurance, those with Medicare and Medicaid coverage, and the uninsured.