

SUMMER CAMP READING



NOTE FROM THE CEO

PUBLIC TRUST IS THE KEY COMPONENT TO LONG-LASTING SUSTAINABILITY OF ANY NONPROFIT

Forty Carrots board members play a crucial role by providing leadership and guidance in our agency culture, strategic direction and financial support and viability. We are grateful to our Board of Trustees and the level of dedication they have consistently shown over our 30-year history. They serve with a singular focus of advancing Forty Carrots mission. We are proud to spotlight them and to give public thanks and appreciation for their commitment.



MONICA VAN BUSKIRK



BRIAN VOLNER

Each year we say a grateful goodbye to members whose terms have expired, and an enthusiastic welcome to our new Trustees who will take up the charge and add their own perspectives and expertise to the group.

[READ MORE](#)

EVENTS

TICKETS ON SALE NOW!



The 2023 Wine, Women & Shoes Signature Luncheon presented by Venus Med Spa will take place on Friday, November 17th at the Ritz-Carlton, Sarasota. You don't want to miss this event; tickets are on sale now!

[CLICK FOR DETAILS](#)

PRESCHOOL

ASOLO REP STORYTELLING WITH FORTY CARROTS SUMMER CAMP



Forty Carrots' new partnership with Asolo Rep Theater brought their Teaching Artists into our classrooms. Sara Burnow from Asolo Rep envisions this endeavor as a stepping-stone to greater possibilities for participants, partners, and for Asolo Rep. Sara shared, "storytelling supports language development and creates connections. Sharing Stories invites participants to explore stories together using their senses and their actor's toolbox: minds, bodies, and voices. Our goal is to create spaces and environments where young artists, educators, and caregivers can experience stories in unique and exciting ways, deepening understanding of language and the world around them through theatre."

[READ MORE](#)

CHILD + FAMILY THERAPY

FORTY CARROTS MENTAL HEALTH THERAPISTS HOST WORKSHOP FOR CAMP TRUE COLORS



Mental Health Therapists hosted a mental health workshop for youth attending Camp True Colors, a summer camp offered by ALSO Youth. During the workshop, camp attendees participated in an activity to explore and identify their personal needs while expressing needs through the creation of a Personal Needs Flower.

[READ MORE](#)

PARENTING EDUCATION

PARENTING EDUCATION PROGRAM WELCOMES A NEW VAN TO OUR FLEET!



The Parenting Education program welcomes a new van to our current fleet. Community Foundation of Sarasota County awarded Forty Carrots \$25,000 to fund a new van for community outreach and travel for its Mental Health Program. The new therapy van is equipped with every kind of therapeutic tool, supply, and resource necessary for therapists to create mobile treatment room for clients at Forty Carrots' partner locations.

[READ MORE](#)

BUILDING UPDATE

We are excited to share the progress being made on our Cattlemen Mental Health and Parenting campus! [CLICK HERE](#) to learn more about the Generations of Change Expansion Campaign!



CALENDAR

AUGUST 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

HOW TO DONATE



[LEARN MORE](#)

NOTE FROM THE CEO

This year, joining the board are Monica Van Buskirk, Principal of Monica Consults and Brian Volner, Managing Director with Sarasota Private Trust Company. Please see our press release [HERE](#), and to learn more about all of our board members, visit our [WEBSITE](#). Individually, each is devoted to doing their part for a better future for our children and families. As a group, they are committed to the mission of Forty Carrots and improving the quality of life for ALL children and their families. They understand that **GOOD BEGINNINGS LAST A LIFETIME**.

[VIEW PRESS RELEASE](#)

[VISIT WEBSITE](#)



With Gratitude,

A handwritten signature in black ink that reads "Michelle Kapreilian". The signature is fluid and cursive, with a long horizontal stroke at the end.

Michelle Kapreilian
CEO, Forty Carrots Family Center

PRESCHOOL

ASOLO REP STORYTELLING WITH FORTY CARROTS

SUMMER CAMP

Kim Dailey Preschool Director said, "This wonderful program bringing books, sensory experience, and the opportunities for the children to participate has been wonderful. When Sara comes to visit, the children are fully engaged, they tore paper and had a snowstorm in the room after reading the Book "Polar Bear in the Snow" by Mac Barnett. The children had a chance to act like snow. They imagined what they could do with a simple box after reading "Not A Box" by Antoinette. Children were racing in cars, sailing in boats, and hiding in a house so many opportunities when prompted to open their imagination. This program has been a great enhancement to the children's summer camps at Forty Carrots."



In the classroom, teachers expanded children's imagination by a more in-depth look at books. Some classes explored books in their classroom café and bookstore and traveled through books exploring nature, camping, and the beach. A favorite centered around camping and roasted marshmallows around a campfire, creating tents with blankets, and using flashlights inside their tents. Other classes, children explored their feelings with the help of the book "Color Monster" by Anna Llenas. They acted out

their feelings and shared ways to express their feelings. The class ended by creating their own color monster and had a parade through the wings of Forty Carrots. The deep dive into books with the teachers, Sara and Gaby teaching artists from Asolo Rep helped to create wonderful camp experiences.

CHILD + FAMILY THERAPY

FORTY CARROTS MENTAL HEALTH THERAPISTS HOST WORKSHOP FOR

CAMP TRUE COLORS

Some youth allowed their creativity to flourish and created a variety of “personal needs plants” including a mushroom, cactus, palm tree, a 3D rose, and even a garden gnome. Once finished, group members shared and discussed their Personal Needs Plants with each other and “plant” them in the Community Garden in support and in representation of their needs.



PARENTING EDUCATION

PARENTING EDUCATION PROGRAM WELCOMES

A NEW VAN TO OUR FLEET!

This model of service delivery is highly effective and efficient by providing services to clients where they are already receiving partner agency services (i.e., families in shelters, parents in residential treatment programs, students in elementary schools, or teen parents at their high school) and speaks directly to the nature of the Community Foundation of Sarasota County's Equity and Access initiative in increasing clients access to mental health treatment for child and families.

