

**OUR MISSION** - To nurture healthy child and family development through research-based, relationship-centered education and mental health services.

Founded in 1993, Forty Carrots is guided by a vision that all parents will provide their children with experiences and environments that are emotionally and physically safe so that they can grow into capable and caring young people.

## AREAS OF EXPERTISE



### PARENTING EDUCATION

Aims to empower families with the tools they need to ensure positive outcomes, both short and long-term for children. Information, skills and support are provided to some of our communities most at-risk families.



### MENTAL HEALTH

Offering individual and group therapy to children, adolescents, and their families. These services are individualized to meet each client's mental health concerns and to improve overall family functioning.



### EARLY CHILDHOOD EDUCATION

Preparing children for success through high quality education, taught by degree-leveled teachers integrating the latest research and best practices.

## FREE COMMUNITY OUTREACH (2021/2022)

Currently delivering weekly parenting education and mental health services to clients throughout Sarasota and Manatee Counties at these partner locations:

- ALSO Youth
- Alta Vista Elementary
- Brentwood Elementary
- CenterPlace Health
- Children's Cancer Center
- Child Protection Center
- CYESIS Teen Parent Program at North Port High
- CYESIS Teen Parent Program at Riverview High
- Education Foundation of Sarasota County
- Lightshare Mothers & Infants Program
- Lightshare CORT
- Lightshare Crossroads & Choices
- Gocio Elementary
- Harvest House
- Lactation Loop
- Manatee County Libraries
- More Too Life
- NAMI
- Safe Children Coalition
- Safe Place and Rape Crisis Center (SPARCC)
- Salvation Army
- Sarasota County Jail
- Sarasota County Libraries
- Selah Freedom
- Soar in 4 Program
- SOLVE Maternity Homes
- Teen Court
- Teenage Parent Program (TAPP)
- Tuttle Elementary
- Unite Us, First 1,000 Days

## 2022 - 2023 PROGRAM YEAR ACCOMPLISHMENTS

**96%**

Clients Received Free services

**5,858**

Clients Served

**1,700 FREE**

Community Outreach Groups

**30**

Community Partner Locations