



HAPPY NEW YEAR 2023

NOTE FROM THE CEO

2023 is a milestone year for Forty Carrots Family Center as we celebrate our 30th year of building strong families and solid foundations for children. While Forty Carrots looks different than it did in 1993, the roots remain the same: providing Good Beginnings that Last a Lifetime to every child and family.

[READ MORE](#)

CALENDAR

JANUARY 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AGENCY

FORTY CARROTS PARENTING EDUCATION WINS BUSINESS & EDUCATION PARTNERSHIP AWARD



Forty Carrots Family Center is proud to have won the Partners Together category at the 30th Annual Business & Education Partnership Awards for our work with Soar in 4 Manatee!

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SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

HOW TO DONATE



[LEARN MORE](#)

PRESCHOOL



WELCOME TO OUR NEW PRESCHOOL DIRECTOR

Forty Carrots is thrilled to announce our new Preschool Director, Kim Dailey! Kim's extensive background in early childhood education and 30-year experience as a NAEYC accredited program director in Cincinnati perfectly aligned with Forty Carrots.

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PARENTING EDUCATION

INFANT BRAIN SAFETY WITH FIRST STEP MOTHERS AND INFANTS AND SOLVE MATERNITY HOME



Keeping children safe is key in providing children a good beginning. This critical lesson on infant brain safety was the focus of a Parenting Education group at First Step Mothers and Infants and Solve Maternity Home. Our Parenting Educators discussed Shaken Baby Syndrome and safe baby handling with mothers and expecting mothers.

[READ MORE](#)

CHILD + FAMILY THERAPY

NEW SUPPORT GROUP FOR TEEN PARENTS



The Child & Family Therapy Department has begun offering weekly mental health groups for teen parents enrolled in the CYESIS Program at Riverview High School and Teenaged Parenting Program (TAPP) in Manatee County.

[READ MORE](#)

NOTE FROM THE CEO

Forty Carrots philosophy, which was visionary back then, has been proven effective by research over the past 3 decades. Strong, loving, nurturing, and protective relationships are the roots of strong families and communities. Ensuring that all parents and caregivers have the knowledge and support they need to raise their children in safe homes and focusing on the highest possible quality and effectiveness drives our mission.

Building resilience, coping skills, and confidence in our children will make a positive difference for generations to come. Thank you for strengthening us as we look to the future. With your investment, we will continue to grow to meet the critical needs of children and families in our community.

Wishing you all a happy, healthy, and relationship-strong 2023!

Warmest Regards,



A handwritten signature in black ink that reads "Michelle Kapreilian". The signature is fluid and cursive, with a long horizontal stroke at the end.

Michelle Kapreilian

GOOD BEGINNINGS THAT LAST A LIFETIME

AGENCY



The Annual Partnership awards are a collaboration between the Manatee County Chamber and the school district of Manatee County recognizing businesses, government and community organizations that support the students and schools throughout the year. Forty Carrots was recognized throughout the evening for the work we do within the school district and community at large. It was a wonderful recognition of our dedication, partnership, and passion for our mission and vision!

PRESCHOOL

WELCOME

TO OUR NEW PRESCHOOL DIRECTOR

Kim said, "While preparing to move to Sarasota I began researching centers, I saw then just how much Forty Carrots valued children and their families. I knew before I even began that Forty Carrots was the place for me. The support I receive and everyone working together makes Forty Carrots such a special place to work."

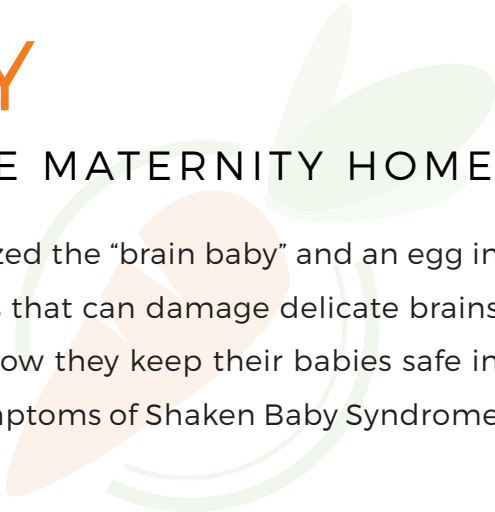
Kim's philosophy in teaching and relationship building is a perfect fit with Forty Carrots culture and goals to continue the highest quality in early education. Welcome Kim!



INFANT BRAIN SAFETY

WITH FIRST STEP MOTHERS AND INFANTS AND SOLVE MATERNITY HOME

To support the discussion and provide a concrete understanding, the demonstration utilized the “brain baby” and an egg in a baby jar, as props, to show the difference in safe baby handling and strong movements that can damage delicate brains in the early months. Group members were encouraged to share personal examples of how they keep their babies safe in different circumstances. As always, a useful handout was given as a follow up with the symptoms of Shaken Baby Syndrome and brain injury that can be referred to at any time.



CHILD + FAMILY THERAPY

NEW SUPPORT GROUP

FOR TEEN PARENTS

These groups were designed to give teen parents an opportunity to have dedicated time for their own mental health needs, with the belief that supporting and addressing parents' mental health will serve to promote the strengthening of infant-family and infant-caregiver relationships that will enhance overall development and well-being. Consisting of three 8-week sessions over the course of the school year, these group sessions focus on building community, discussing healthy communication and relationship skills, providing a space to reflect on past journeys along with future aspirations, and promoting healthy forms of coping and stress management.

