



## NOTE FROM THE CEO

As Hurricane Ian wreaked havoc over our area, it is amazing to see the community coming together. Our Forty Carrots family community also banded together to support our agency, our staff, and board who have been impacted. Forty Carrots was fortunate and suffered minor damage. Our property required intense debris cleanup, which many staff and their families pitched in to help, and other repairs are underway.

Collectively, this was yet another source of stress, trauma, and disruption. Seemed like just as we were all figuring out what life looks like after Covid shutdowns, our area was faced with yet another disaster. All the while, Forty Carrots continues to do the work we always do, being as flexible as possible to meet the needs as they arise. We worked with staff who experienced hardship by helping connect them with services and with a small fund of dollars to help them in the crisis time.

[READ MORE](#)

## AGENCY

### SPEAKER EVENT

Forty Carrots Family Center's 20th Annual Free Educational Community Speaker Event was held on September 21st, presented in partnership with the Community Foundation of Sarasota County. Speaker Dr. Michele Borba discussed her new book *Thrivers: The Surprising Reasons Why Some Kids Struggle and Others Shine*. Following the presentation, participants enjoyed a special **Q&A session** presented by Publix Super Markets Charities.



[READ MORE](#)

## PARENTING EDUCATION

### NEW GROUP AT NORTH PORT LIBRARY

During hurricane Ian, the North Port community experienced excessive damage. The good news is the North Port library is back open and we are providing services to children and families in need more than ever. Partners In Play® is back to its normal schedule and we are excited to announce that Welcome to Our World® parenting education group will once again be offered in southern Sarasota County. North Port Library will host this new group with the start of the fall programming schedule.

[READ MORE](#)

## MENTAL HEALTH

### NEW PARTNERSHIP

The Therapy Department has established a new partnership with ALSO Youth, a non-profit organization providing support services, educational programs, advocacy, and support to LGBTQ+ youth in our community. ALSO Youth has been providing services since 1992 to help address high rates of depression and suicide among many gay and lesbian youth. In this partnership, Forty Carrots will be providing individual and family therapy services to families at no charge in addition to group support services.



## PRESCHOOL

### WELCOME BACK STUDENTS!



We were very excited to welcome back students for a new school year! Teachers spent the month of September focusing on continued development of each child's social and emotional skills through literacy and collaborative work. Each class had a literacy focus where age-appropriate books focused on social and emotional learning to facilitate discussions. Some classrooms explored opportunities through community art projects, while others worked next to peers or worked collaboratively to complete a goal.

[READ MORE](#)

## EVENTS



PRESENTED BY VENUS MED SPA

**SAVE THE DATE!**  
**NOVEMBER 17-19, 2022**

Join us for Wine, Women & Shoes on November 17-19, 2022, presented by Venus Med Spa! Limited individual tickets are available, click below for details!

[INDIVIDUAL TICKETS](#)

At this time we are accepting additional items for our fabulous silent auction! Please click below for more information and our donation form!

[SILENT AUCTION INFO](#)

## CALENDAR

NOVEMBER 2022

S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## SUPPORT FORTY CARROTS



Investing in a young child's future pays dividends for life. Your tax-deductible donation today will have a lasting impact. Thank you!

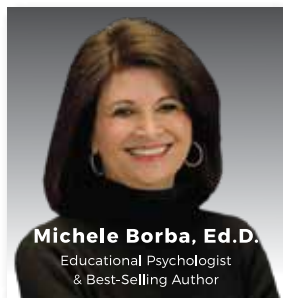
## HOW TO DONATE



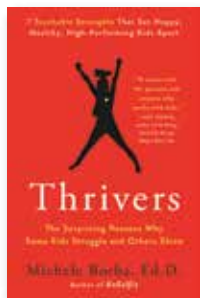
[LEARN MORE](#)



# AGENCY



**Michele Borba, Ed.D.**  
Educational Psychologist  
& Best-Selling Author



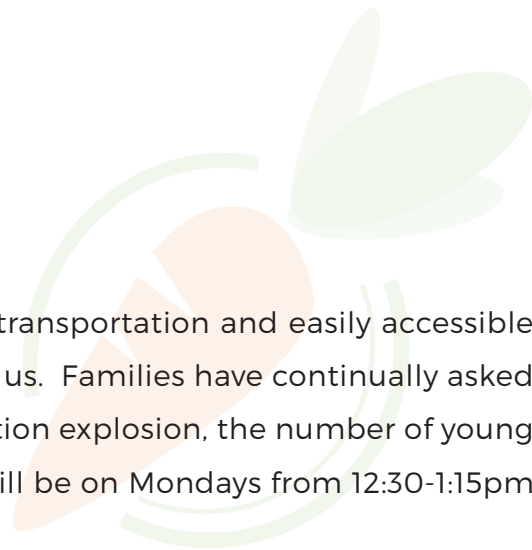
We had enthusiastic responses to Dr. Borba's presentation, one participant said "The thoughts on leading by example particularly resonated with me. I hear consistently lack of compassion in our communities, but I am reminded today that the positivity begins with me, especially for children and youth to catch but for all!" In an [interview with SRQ Magazine](#), Dr. Borba shares what will help kids become thrivers.

# PARENTING EDUCATION



## NEW GROUP AT NORTH PORT LIBRARY

North Port Library is centrally located with access to public transportation and easily accessible for Sarasota and Charlotte County residents who wish to join us. Families have continually asked us to bring WOW down south again. With the recent population explosion, the number of young families in that area has greatly increased. The new group will be on Mondays from 12:30-1:15pm.



# NOTE FROM THE CEO

For our children and family clients, we did our best through the closure to stay connected and be of support in whatever ways we were able to. Parenting Educators and Therapists called clients to check in on them. Therapists who had the capacity to do so, continued to work with clients virtually or at partner locations that were open. Preschool Educators stayed connected to families via the parenting app.

While disaster relief is forefront of all our minds and the hurricane disaster is immense and will be ongoing, it is important to remember that Forty Carrots is a big part of the solution. The mental well-being and trauma processing of our children and families is severe. Forty Carrots work is directly impacting the well-being of children and families of our community, and after Ian it could not be more important.

GOOD BEGINNINGS THAT LAST A LIFETIME



Warmest regards,

A handwritten signature in black ink that reads "Michelle Kapreilian".

Michelle Kapreilian

CEO - Forty Carrots Family Center

# PRESCHOOL

## WELCOME BACK

### STUDENTS!

All these opportunities help children and teachers to learn and work together as a team. By developing a strong sense of family where we are all supported and work together, children feel safe, loved, and respected with their school family. This school family bond will be the foundation for learning for the rest of the school year and just the beginning for our returning students in the future.

