



Forty Carrots
Family Center

ANNUAL REPORT
2018 - 2019

Friends,

As eloquently stated by Japanese poet R. Satoro, "Individually, we are one drop; together we are an ocean." This is certainly true here at Forty Carrots Family Center, where, with the help of our community outreach partners, we are strengthening thousands of families each year.

Forty Carrots' staff travels more than 20,000 miles annually within our community - to local schools, public libraries, and other area nonprofits - to bring our expertise to those most in need of our services. This includes families dealing with the toxic effects of homelessness, abuse, and neglect. It includes grandparents, thrust into the role of primary caregiver when least expected. It includes young mothers and fathers struggling to be the best parents they can possibly be, while dealing with mounting daily obstacles and challenges.

Forty Carrots is there for all caregivers - with the tools and resources to strengthen their families and set them on a path toward creating safe, loving, and nurturing environments in which their children can thrive and grow.

But we could not do this alone.

While our physical campus is stretched to its limits, it is through the close collaboration with our 19 dedicated community outreach partners that our vital programming continues to expand, strengthening our local families and our communities, for years and generations to come.



A handwritten signature in black ink, reading "Michelle Kapreilian". The signature is fluid and cursive, with a long horizontal stroke extending to the right.



Sincerely,

Michelle Kapreilian
CEO, Forty Carrots Family Center

A photograph of a man with a beard and mustache, smiling and looking down at a baby he is holding. The baby is looking towards the camera. The entire image is overlaid with a semi-transparent blue filter. The text is in white, providing a strong contrast against the blue background.

Good beginnings that last a lifetime...

Families today face a dizzying array of challenges, ranging from a lack of quality time together, to the effects of poverty, bullying, divorce, and grief. The list goes on and on. With the support of Forty Carrots, families receive the resources necessary to overcome life's adversities, strengthening family bonds while giving children the tools they need to thrive.



AGENCY

Tools, Resources, and Support

With our Parenting Education, Mental Health services, and Early Childhood Education programs, Forty Carrots ensures that families from all walks of life can create safe environments and strong, nurturing relationships for their children. Non-judgmental support provided by highly trained staff is an effective combination, giving parents all they need to raise their children, helping them to grow into capable, caring adults.



2018-2019 NUMBERS THAT MATTER

Forty Carrots Family Center is now serving more than 5,500 clients annually, and, since opening its doors in 1993, has strengthened more than 40,000 families from all walks of life in our community.

NUMBER OF CLIENTS SERVED

TOTAL **5,557**

PERCENT
OUTREACH **94%**

NUMBER OF FAMILIES SERVED

TOTAL **3,027**

PERCENT
OUTREACH **93%**

AGENCY CLIENT SERVICE HOURS

PRESCHOOL **81,041**

PARENTING
PROGRAM **23,185**

TOTAL **104,226**

NUMBER OF FREE GROUPS

PARENTING EDUCATION
+ MENTAL HEALTH

OUTREACH
GROUPS **1,278**

CHILD + FAMILY THERAPY SESSIONS

TOTAL **1,574**

94%

OF **ALL CLIENTS**
RECEIVE SERVICES
AT LOW OR **NO COST**

COMMUNITY PARTNERS

"There is no power for change greater than a community discovering what it cares about."

MARGARET J. WHEATLEY





COMMUNITY PARTNERS **2018-2019**

Through collaboration with select community outreach partners, Forty Carrots brings its Parenting Education and Mental Health expertise to those most in need of these critical services in Sarasota and Manatee counties.

- **First Step Mothers & Infants Program**
- **Manatee County Libraries**
- **Manatee County Public Schools**
 - Soar in 4 Program
 - Teenage Parent Program (TAPP)
- **More Too Life**
- **Safe Children Coalition**
- **Safe Place and Rape Crisis Center (SPARCC)**
- **Salvation Army**
- **Sarasota County Libraries**
- **Sarasota County Public Schools**
 - Brentwood Elementary
 - CYESIS Teen Parent Program at North Port High
 - CYESIS Teen Parent Program at Riverview High
 - Fruitville Elementary
 - Gocio Elementary
 - Tuttle Elementary
- **Sarasota Memorial Latch Clinic**
- **Selah Freedom**
- **SOLVE Maternity Homes**
- **Teen Court of Sarasota, Inc.**

PARENTING
EDUCATION



CHILD + FAMILY
THERAPY



EARLY CHILDHOOD
EDUCATION

PARENTING EDUCATION

“At the end of the day, the most overwhelming key to a child’s success is the positive involvement of parents.”

JANE D. HULL





PARTNERS IN PLAY® [PIP]

Learning through play is at the core of Forty Carrots' free Partners in Play® [PIP] programs, held weekly at every public library in Sarasota and Manatee counties. These groups, led by our Parenting Educators, are designed to provide parenting information, tools, and support within the context of parent-child playtime, building self-esteem in children and confidence in the parents and caregivers. Nearly 1,800 families annually, from all walks of life, take part in these fun and informative groups that strengthen family bonds in a safe and nurturing environment.

84% **OF CHILDREN PARTICIPATING**
DO NOT ATTEND A PRESCHOOL

831 PARTNERS IN PLAY®

PARENTING EDUCATION GROUPS OFFERED
IN SARASOTA AND MANATEE COUNTIES

EARLY CHILDHOOD EDUCATION

“Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”

FRED ROGERS





INSPIRING YOUNG MINDS

Our NAEYC-accredited Preschool, VPK program and Summer Camp provide young students with a strong foundation – built on a love of learning – that will last a lifetime. Forty Carrots' degree-level teachers nurture a child's social, emotional, creative, physical, and cognitive development, using a developmentally appropriate, play-based curriculum. Children embark on an adventure in learning that ignites their senses and sparks their imaginations.



NAEYC – The National Association for the Education of Young Children (NAEYC) offers rigorous accreditation criteria for Early Childhood Education programs that meet its 10 standards of excellence. NAEYC-accredited programs are offered in a safe and healthy environment and have teachers who are well-trained, utilize excellent teaching materials, and work with a curriculum that is appropriately challenging and developmentally sound.

147 STUDENTS

81,041 HOURS

OF SERVICE PROVIDED VIA THE
PRESCHOOL AND SUMMER VPK

**SCHOLARSHIP
PROGRAM GROWING**

TO SUPPORT 25% OF STUDENTS

CHILD + FAMILY THERAPY

“Every day in a hundred small ways our children ask, ‘Do you see me? Do you hear me? Do I matter?’ Their behavior often reflects our response.”

L.R. KNOST





CHILD + FAMILY THERAPY

Whether it is a divorce in the family, bullying, the death of a parent, childhood anxiety, or the effects of abuse, Forty Carrots' licensed therapists help young children, adolescents, and families deal with life's adversities, while teaching coping skills and building self-confidence and self-esteem along the way. Therapy is offered individually at our Child & Family Therapy Center or in group settings at select community outreach partner locations.

PROVIDING THERAPY FOR **CHILDREN OF ALL AGES**

REGARDLESS OF ABILITY TO PAY



- Depression + Anxiety
- Childhood traumas
- Grief
- Divorce
- Peer struggles
- Bullying
- Co-parenting challenges
- Stress reduction

1,368 TOTAL

PARENTING EDUCATION AND MENTAL HEALTH GROUPS

MORE THAN 1,500

INDIVIDUAL THERAPY SESSIONS ANNUALLY

PHILANTHROPY AT ITS FINEST

It was a little over one year ago when Joel and Sandy Cuba read an article about Forty Carrots Family Center and were “intrigued.” Intrigued changed to “impressed” once they took a tour and met with CEO Michelle Kapreilian. “We saw children, 4 or 5 years old, discussing the brain, and calling it ‘the boss,’” Joel said. “It blew my mind. When I was that age, I had trouble tying my shoelaces,” he added. “It was then that we knew we had to get involved.”

The couple, originally from New York City, retired and moved to Asheville, NC (where they lived for 23 years), and then on to Sarasota. Once here, they chose four nonprofits with which to become involved, including Forty Carrots, and set up legacy gifts for each of the organizations.

“I think it was Joel’s work with Guardian ad Litem and my work with special-needs children that initially drew us to Forty Carrots,” said Sandy. “If some of those children that we worked with could have received early guidance [like that offered at Forty Carrots], it could have changed their lives.”



“We have lived lives we never could have imagined,” said Joel. “Now, **we help those organizations** that will be good stewards of our money and **that touch our hearts.**”

SANDY + JOEL CUBA



“We also like to invest in well-run organizations. Forty Carrots has a strong board, a strong staff, and, most importantly, a strong CEO.”

TERI A HANSEN, President + CEO
THE CHARLES & MARGERY BARANCIK FOUNDATION

PHILANTHROPY AT ITS FINEST

Charles and Margery Barancik Foundation is a private family foundation, founded in 2014, that creates initiatives and awards grants in the areas of education, humanitarian causes, arts and culture, the environment and medical research. The foundation is headed by President and CEO Teri Hansen.

The Baranciks are originally from the Chicago area. Chuck was an accountant by trade, though his career was spent buying and developing companies in the Midwest. For a time, Margery was a teacher for special-needs children.

“They both have a passion for children, especially young children,” said Hansen. It was she who first introduced the couple to Forty Carrots. “I have loved Forty Carrots ever since I arrived here,” she said. “We took the Baranciks to one of the Partners in Play® groups at Selby Library, and they were hooked,” she said.

The Baranciks support for early childhood education includes its involvement with the First 1,000 Days initiative and a mental health initiative called Here4Youth. “We support Forty Carrots’ mental health programs because we are focused on trauma and trauma-informed therapy,” Hansen said. “If children have a high ACE (adverse childhood experience) score, and you catch it early enough, those children can, and are, being helped.”



STATEMENT OF FINANCIAL ACTIVITIES [AUDITED]

FOR THE FISCAL YEAR ENDING ON MAY 31, 2019

SUPPORT + REVENUES

Preschool Fees	\$799,419
Parenting Program Fees	\$19,671
Mental Health Fees	\$57,025
Contributions	\$527,624
Grants	\$680,991
Special Events Revenue [net]	\$902,226
Investment Income	\$5,817
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TOTAL SUPPORT + REVENUE	\$2,992,773

EXPENSES

PROGRAM SERVICES

Preschool	\$1,052,126
Parenting Program	\$691,249
Mental Health Program	\$390,219

SUPPORTING SERVICES

General + Administrative	\$129,469
Fundraising	\$224,428

TOTAL EXPENSES	\$2,487,491
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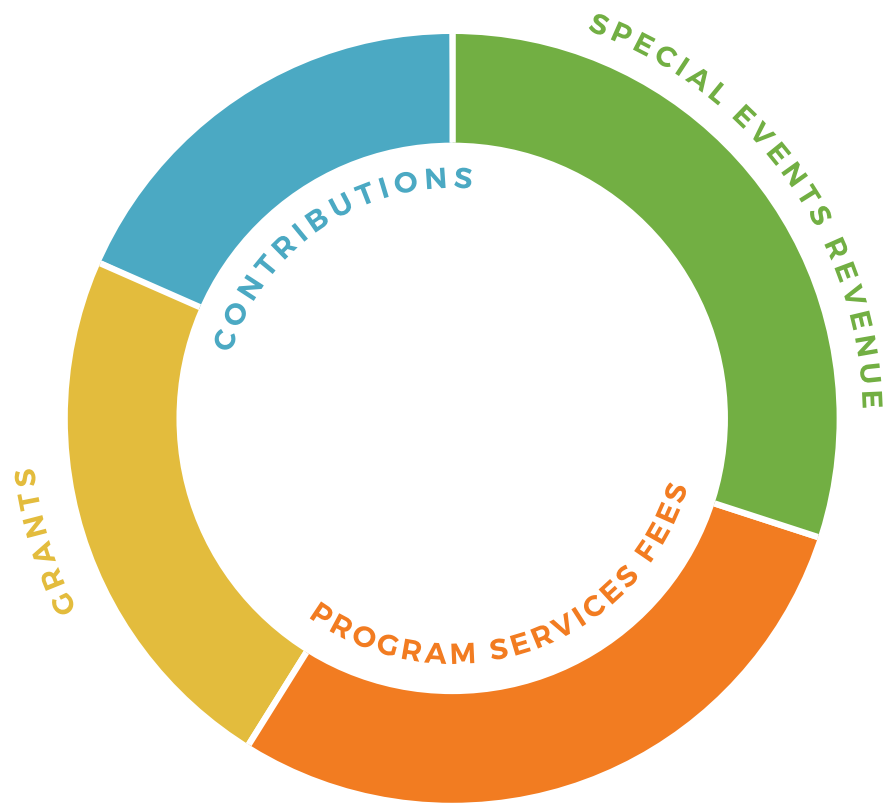
CHANGE IN NET ASSETS	\$505,282
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NET ASSETS [BEGINNING OF YEAR]	\$3,698,564
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NET ASSETS [END OF YEAR]	\$4,203,846
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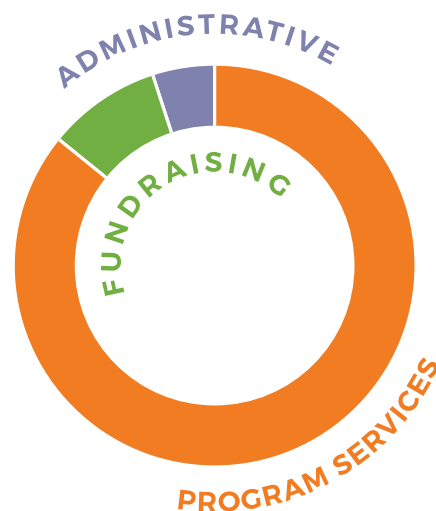


FISCAL YEAR 2019



REVENUE SOURCES

Special Events Revenue	30%	■
Program Service Fees	29%	■
Grants	23%	■
Contributions	18%	■



FINANCIAL STEWARDSHIP

Program Services	86%	■
Fundraising	9%	■
Administrative	5%	■



JE

ALI & GLORIA
BAHAJ



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MOORE




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at Morgan Stanley

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THE GRANTHON
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In recognition of donors whose combined contributions for sponsorships and gifts exceed \$10,000.

ANNUAL GIVING

JUNE 1, 2018 - MAY 31, 2019

FOUNDATION GRANTS

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Bill and Karen Merrill Fund
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Front Row L-R: Nick Roberts, Susan Sakhai, Liz Diaz, Susan Travers, Ashley Kozel, Michelle Kapreilian (ex-officio), Ben Jones (Secretary), Ariane Dart, Manav Malik, Rob Stroud (Treasurer)

Back Row L-R: Alan Ross, Tomeika Hunter-Koski, Betsy Kane-Hartnett, Chris Jarmul (Chair), Heather Williams, and Kevin Cooper



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THE **GRAND FINALE** GALA!
MARCH 28, 2020

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NOVEMBER **2020**

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FORTY CARROTS FAMILY CENTER

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