

ANNUAL REPORT

25 YEARS
2017-2018



Forty Carrots
Family Center

"I am being a
BETTER EXAMPLE
for my child.
Feeling **MORE**
CONFIDENT
as a parent."

Forty Carrots Family Center started as a small organization with a big vision: for all parents to provide their children with experiences and environments that are emotionally and physically safe so that they can grow into capable and caring young people. Guided by that bold vision and by rooting in community need, Forty Carrots has worked year after year providing parenting education, mental health, and early childhood education to families from all walks of life. Over the years, our roots have grown stronger, our family has grown larger, and our impact further reaching serving over 40,000 families, providing information and support at 29 locations throughout Sarasota and Manatee Counties, and learning at a national accredited preschool.

Within each page, we celebrate our past, present, and future work to strengthen families—but most importantly, we gratefully celebrate each person, each family who has been a part of our 25 years of service in our community, and we look forward to the next generation of children and families rooted at Forty Carrots.



Michelle Kapreilian

Michelle Kapreilian, Chief Executive Officer



AGENCY

Celebrating 25 years of serving Sarasota & Manatee counties, Forty Carrots provides children with good beginnings that last a lifetime through its Parenting Education, Mental Health Services, Early Childhood Education and our extensive community partnerships. At Forty Carrots Family Center in Sarasota and at partner locations, families receive the resources, tools and support needed to help nurture their children and family relationships, regardless of economic status, age, living situation and educational background.

4,607

CLIENTS SERVED

93%

RECEIVED

FREE SERVICES

2,452

UNIQUE FAMILIES

STRENGTHENED

GOOD BEGINNINGS THAT LAST A LIFETIME

COMMUNITY PARTNERS

First Step Mothers & Infants Program

Manatee County Libraries

Mothers Helping Mothers

Safe Children Coalition

Safe Place and Rape Crisis Center (SPARCC)

Salvation Army

Sarasota County Libraries

Selah Freedom

SOLVE Maternity Homes

Manatee County Public Schools

Soar in 4 Program

Teenage Parent Program (TAPP)

Sarasota County Public Schools

Brentwood Elementary

CYESIS Teen Parent Program at North Port High

CYESIS Teen Parent Program at Riverview High

Fruitville Elementary

Gocio Elementary

Tuttle Elementary



93% FREE

SERVICES PROVIDED

PARENTING EDUCATION + MENTAL HEALTH + EARLY CHILDHOOD EDUCATION

Studies show that from the moment a child is born, the parent-child bond forms the foundation for a lifetime of emotional and intellectual development. This foundation requires support throughout the child's life, but most importantly, during their formative early years. Forty Carrot's strength-based approach to parenting education provides families with the knowledge and skills to positively impact children's capacity for learning, social behavior, healthy relationships, happiness, and lifelong success.

GOOD BEGINNINGS THAT LAST A LIFETIME

PARTNERS IN PLAY®

Forty Carrots Family Center provides FREE, weekly Partners In Play® groups at EVERY library in Sarasota and Manatee Counties. These groups are designed to provide parenting information and support within the context of parent-child play time. The groups are led by professionally trained Parenting Educators with Early Childhood, Infant Mental Health, and Child-Family focused education. These invaluable groups provide all caregivers the opportunity to build healthy attachments with their children, foster healthy self-esteem and confidence, and sets the stage for modeling skills in relation to parenting, child development, communication, play, and learning. These research based groups are delivered in a developmentally appropriate setting, which encourages play and relationships at the heart of its foundation.

13,571 HOURS
OF **SERVICE PROVIDED**
IN LIBRARY GROUPS



84%
OF CHILDREN
ATTENDING
DO NOT
ATTEND
A PRESCHOOL



787 PARTNERS IN PLAY®

PARENTING EDUCATION GROUPS
OFFERED IN SARASOTA
AND MANATEE COUNTIES

“I’ve learned as a parent to **STEP BACK AND LET MY CHILD LEAD PLAYTIME** and explore on her own and use her imagination.”

PRESCHOOL

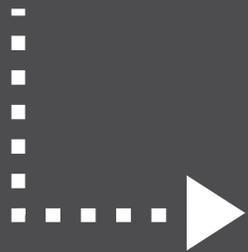


78,337

HOURS OF SERVICE PROVIDED
THROUGH THE PRESCHOOL & SUMMER VPK

113

PRESCHOOL, SUMMER VPK
+ CAMP **FAMILIES**



SCHOLARSHIP PROGRAM
GROWING TO SUPPORT 25% OF STUDENTS

Forty Carrots' NAEYC accredited preschool aims to develop and nurture every child's social, emotional, creative, physical and cognitive development and cater to each child's unique abilities and family background, creating an environment that values culture, play, respect, and self-worth, while guiding the process of learning through exploration and understanding.

GOOD BEGINNINGS THAT LAST A LIFETIME



“Now **I FOCUS ON MY BREATHING AND SCHOOL WORK** instead of my anger. It helps when I try to **LET GO OF MY FEELINGS** instead of holding on to them.”



At Forty Carrots Child and Family Therapy Center and at community partner locations, a dedicated team of mental health professionals provides mental health support, guidance, and specialized therapy to children, parents, and families in a safe and nurturing environment.

MENTAL HEALTH + PARENTING EDUCATION

1,296 TOTAL PARENTING EDUCATION
AND MENTAL HEALTH GROUPS

1,166 INDIVIDUAL THERAPY
SESSIONS

ACHIEVING EXCELLENCE

THROUGH TRAINING & RESEARCH

2018

EDUCATORS + THERAPISTS SPENT

1,687 HOURS

IN PROFESSIONAL DEVELOPMENT

RESEARCH



Research continues to confirm that early experiences significantly affect the development of a young child's brain. This means that the foundation for a lifetime of learning, behavior, and health is dependent on the quality of those early experiences. Forty Carrots Family Center invests in professional development for staff to enable them to integrate the latest research into all our programs. Infusing best-practices, knowledge and skill into all aspects of our professional interactions with children and families allows for a greater impact. When this information is passed along to families, they in turn have the skills to create nurturing environments early on and the knowledge to mitigate adverse experiences that can have negative impacts, therefore cultivating a positive trajectory throughout a child's life.



“The science of **DEVELOPMENT IS A POWERFUL SOURCE** of fresh thinking about how **TO INCREASE OPPORTUNITIES EARLY IN LIFE** for all children.”

– Harvard Center on the Developing Child

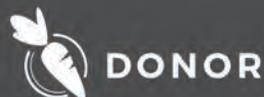
GENEROSITY **CHANGES LIVES**



JANET & STANLEY **KANE FOUNDATION**

Over the past 25 years I have been fortunate to hear, first hand, from families that had benefitted from Forty Carrots. On several occasions I have been brought to tears, listening to stories of how the Parenting Education Programs have benefitted them in learning how to handle everything from holding an infant safely, to handling behavioral issues in positive ways. Forty Carrots' Programs throughout Sarasota and Manatee Counties are so enriching and beneficial to all involved. I am happy and proud to continue to support them.

STANLEY **KANE**



HAUTAMAKI + HORIUCHI PERSONAL PHYSICIANS OF SARASOTA

Over the past two decades plus, Forty Carrots Family Center has provided our physicians, staff and patients' families support in navigating parenting and child-rearing, not only in our community, but in today's world. Forty Carrots provides evidence-based education for everyone, regardless of socioeconomic status, race, religion or nationality. Our practice recognizes that health starts at birth both physically and mentally for child, parent and family. Forty Carrots Family Center provides education, guidance and services to every aspect of our community. Hautamaki & Horiuchi believes that Forty Carrots Family Center not only impacts our families, and yours, but the families that support, aide and impact yours.

R. DEAN **HAUTAMAKI, MD**



▶ **THANK YOU!**



BMO WEALTH MANAGEMENT

Having come from New York, which has a huge teen pregnancy issue, I was initially attracted to Forty Carrots by the impact of their teen Cysis program and was amazed at the number of programs they offered the community. As our knowledge of Forty Carrots' programs grew, we as a company asked the question "What can we do to help?" Now, not only do we support an amazing array of programs and outcomes, but we also receive brand awareness to the legion of Forty Carrots' supporters and influencers that attend events. It's a win, win for all!

TAMMIE M. **SANDOVAL-BADGER**
VP, DIRECTOR | TRUST & ESTATE SERVICES



LINDA & KEITH MONDA

Every child deserves an excellent education. Forty Carrots provides the very best education for preschoolers. This is why we support the need based scholarship program at Forty Carrots for those children whose parents really care about their children's education and want only the very best for them. This is a win-win situation for all the preschoolers - an educationally superior program and a diversified social and cultural experience for all the children.

KEITH **MONDA**



STATEMENT OF FINANCIAL ACTIVITIES [AUDITED]

FOR THE FISCAL YEAR ENDING ON MAY 31, 2018

SUPPORT + REVENUES

Preschool Fees	\$702,192
Parenting Program Fees	\$71,854
Contributions	\$205,505
Grants	\$455,172
Special Events Revenue [net]	\$986,738
Investment Income	\$86,977
<hr/>	
TOTAL SUPPORT + REVENUE	\$2,508,438

EXPENSES

PROGRAM SERVICES

Preschool	\$937,358
Parenting Program	\$1,016,056

SUPPORTING SERVICES

General + Administrative	\$90,005
Fundraising	\$271,295

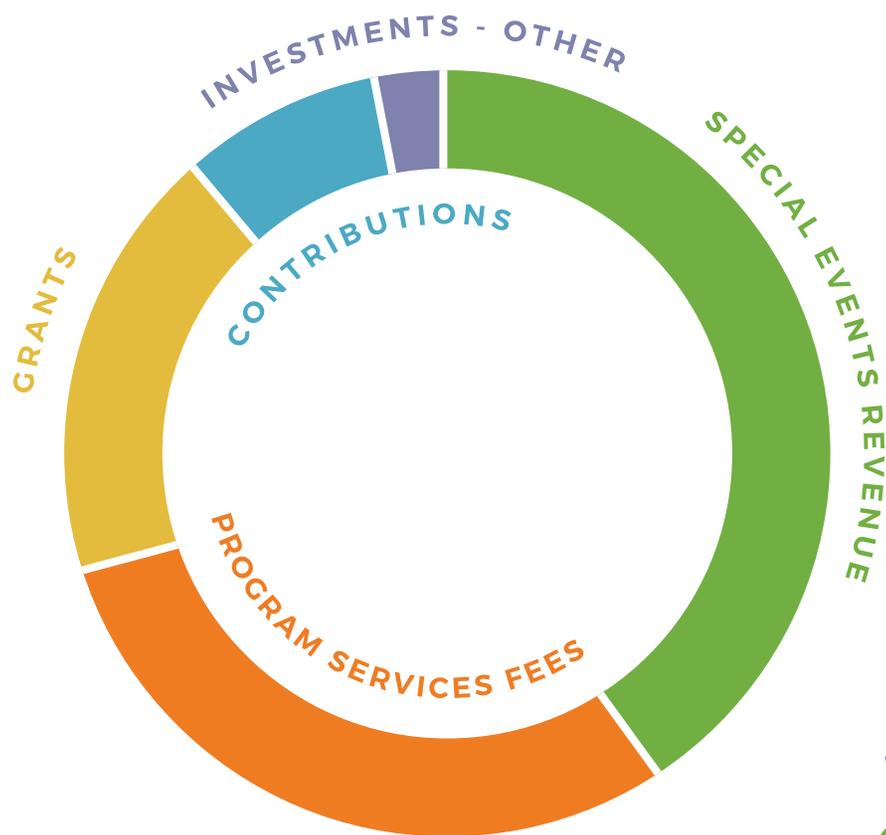
TOTAL EXPENSES	\$2,314,714
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CHANGE IN NET ASSETS	\$193,724
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NET ASSETS [BEGINNING OF YEAR]	\$3,504,840
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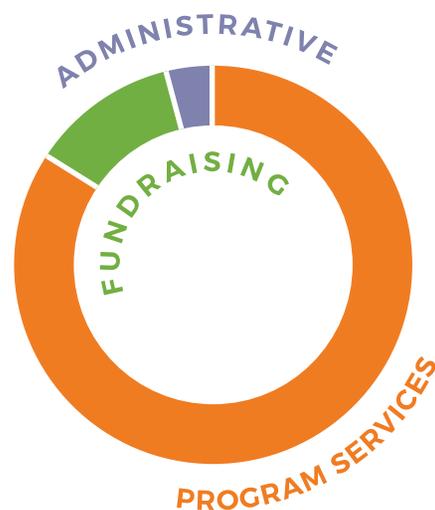
NET ASSETS [END OF YEAR]	\$3,698,564
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FISCAL YEAR 2018



REVENUE SOURCES

Special Events Revenue	40%	■
Program Service Fees	31%	■
Grants	18%	■
Contributions	8%	■
Investments + Other	3%	■

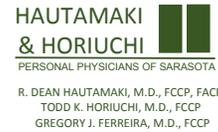
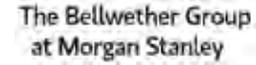


ORGANIZATIONAL EFFICIENCY

Program Services	84%	■
Fundraising	12%	■
Administrative	4%	■



FORTY CARR



ALLEN WIRTZ NOBBE & JO BOWEN NOBBE FUND

McCAULEY-BROWN FUND

OUR SARASOTA FUND

TEMPLETON DONOR ADVISED FUND

TWO-GENERATION APPROACH FUND

LEILA AND STEVEN M GOMPERTZ DONOR ADVISED
FUND IN MEMORY OF MICHAEL GOMPERTZ



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MIKE & TINA
GRANTON



GULF COAST
COMMUNITY FOUNDATION



MITCHELL & DAWN
EPSTEIN



Keith D. & Linda L.
Monda Fund



ANNUAL GIVING

JUNE 1, 2017 - MAY 31, 2018

FOUNDATION GRANTS

Bernard & Mildred Doyle Charitable Trust
Charles & Margery Barancik Foundation
Community Foundation of Sarasota County
Allen Wirtz Nobbe and Jo Bowen Nobbe Fund
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Our Sarasota Fund
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Donor Advised Fund
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The Montei Foundation
The MSC Foundation, Inc.
PNC Foundation
Roberta Leventhal Sudakoff Foundation, Inc.
Rotary Club of Lakewood Ranch
Sarasota County Government
Sarasota County Foundation
Wilson-Wood Foundation

DIAMOND \$10,000 AND UP

The Brunckhorst Family
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Janet and Stanley Kane Foundation, Inc.
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Michael Gompertz
Terry and Bob Lewandowski
Tami and David Maines
Michael's On East
Elizabeth Moore

PLATINUM - \$5,000 - \$9,999

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Brian and Caroline Ellerson
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Mike Hogan
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Marian Price
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Alan Wildstein
Z Foundation

GOLD - \$2,500 - \$4,999

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Tugendhat Family Fund

SILVER - \$1000 - \$2499

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Sherida Whindleton
Deborah White
Leigh Wilcox
Heather and Jeremy Williams
Marie Williams
Tracey Winters
YourCause, LLC
Tresa Zumsteg

THE GREATEST GIFT
WE CAN GIVE OUR CHILDREN IS
ROOTS & WINGS

IN HONOR

Lee Byron	In honor of	Jennifer Abbott
Cathy Layton	In honor of	John Annis
D. Dennis Dudley	In honor of	Suzanne Dudley
John and Jennifer Compton	In honor of	Chris Fowler
Mike and Tina Granthon	In honor of	Emma Granthon
Child Protection Center, Inc.	In honor of	Tina Granthon
Gail Chase	In honor of	Steve Hall
Gerl Jo Manson	In honor of	Tomeika Hunter-Koski
Ashley Kozel	In honor of	Betsy Kane-Hartnett
Jan Oriente	In honor of	Betsy Kane-Hartnett
Russell and Susan Samson	In honor of	Betsy Kane-Hartnett
Michelle and Ed Kapreilian	In honor of	Betsy and John Kane-Hartnett
Robert Johnson	In honor of	Jane A Leipold
McNamee Family Fund	In honor of	Gerl Jo Manson
Leigh Wilcox	In honor of	Terry McKee
Leanne Artigas	In honor of	Flora Oynick
Ben and Erin Jones	In honor of	Flora Oynick
Ben and Erin Jones	In honor of	Jaana Swanson and Lana Vassilieva
David Tobey	In honor of	Janet Tobey
Brittany LaPerriere	In honor of	The Zampellas

IN MEMORY

Deborah White	In memory of	My Mom
Margaret and Lewis Deitsch	In memory of	John E. Mullarkey
Michelle and Ed Kapreilian	In memory of	John E. Mullarkey
Jean Lolli	In memory of	John E. Mullarkey
Diane O'Driscoll and Gerry Spit	In memory of	John E. Mullarkey
Christina Rodrigues and Marcio deOliveira	In memory of	John E. Mullarkey
Robyn Spit and Chris Crouch	In memory of	John E. Mullarkey
Deirdre Deputy	In memory of	Yvonne O'Driscoll
Renee Ryckman	In memory of	Lawrence Ryckman
Matthew, Erin & Julie Luhrsen	In memory of	Jeanne Bates Smith
Joan & Donald Shepherd	In memory of	Jordan Steele White
Lois Tackett	In memory of	Jordan Steele White
Michael & Barbara White	In memory of	Jordan Steele White

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MADE IN HONOR OF THE WINE, WOMEN & SHOES SOLEMAN CLASS OF 2017

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Minta Getzen
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**THANK
YOU**
FOR YOUR SUPPORT



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Caroline Ellerson, Renee Farmer, Kim Githler (Trustee-Emeritus), Rick Gomez, Tomeika Hunter-Koski,

Stanley Kane (Trustee-Emeritus), Anna Nekoranec, Alan Ross, Jeff Steinwachs (Trustee-Emeritus), Heather Williams

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THE DATES!

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MARCH 30, 2019

FORTY CARROTS FAMILY CENTER

1500 S. Tuttle Avenue
Sarasota, FL 34239

ph. 941.365.7716
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fortycarrots.org

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