



FOR IMMEDIATE RELEASE  
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## Small Talk is Big Talk: Communicating with Children of ALL Ages FREE Community Speaker Event

August 12, 2013 - Forty Carrots Family Center is pleased to present its 11<sup>th</sup> annual FREE Community Education Event featuring nationally recognized child development and behavior specialist, parenting expert and author, Betsy Brown Braun.

Braun will present "*Small Talk is Big Talk: Communicating with Children of All Ages*" on Thursday, September 26<sup>th</sup> for parents, teachers & other professionals at 7 pm – at the Hyatt Regency Sarasota. Admission is free. All attendees will receive a complimentary copy of Braun's best-selling book, *Just Tell Me What to Say*.

"Parenting is a journey, a fascinating, thrilling, often challenging and tremendously gratifying journey. It is an experience that enriches your life and makes you a better you, but it can be really, really hard. This presentation will teach parents how to build an emotional vocabulary; use listening as a tool; apply effective praise and convey boundaries," explains Betsy Brown Braun.

As a child development and behavior specialist, parenting expert, best-selling author and founder of Parenting Pathways<sup>®</sup>, Inc., Betsy Brown Braun is a frequent speaker at educational and business conferences. She has been a guest expert on most morning shows, Rachel Ray and NPR, is a regular contributor to Fox News, and has been cited in *USA Today*, *the New York Times*, *Family Circle*, *Parents*, *Parenting*, *Real Simple* and *Good Housekeeping*, among countless other publications and websites. Mother of adult triplets, she has over 40 years of experience in public and private early childhood and elementary education and has directed and founded school programs, taught in both public and private schools, served as a school director and was founding director of an early childhood center in Los Angeles.

"At Forty Carrots Family Center we are dedicated to strengthening families through education," said Michelle Kapreilian executive director at Forty Carrots Family Center. "Forty Carrots, with the support of donors such as Caldwell Trust Company, is bringing the community together to help families make informed decisions as they navigate the most difficult job they will every experience, parenting. The free speaker event will offer solutions to help manage your family's ability to communicate with one another for successful outcomes."

Continuing education credits (CEU's) and Certificates of Attendance will be available for eligible professionals.



About the FREE Speaker Event

Featuring Speaker Betsy Brown Braun

Thursday, September 26, 2013

7:00 – 8:30 pm

Hyatt Regency Sarasota, 1000 Blvd. Of the Arts

*Limited Seating \* Reservations Required*

[www.fortycarrots.org](http://www.fortycarrots.org)

*\*For more information 941-365-7716*

Forty Carrots' past speaker events have reached over 7,000 parents, professionals and educators in our area. The annual speaker presentation continues to be free to the community through the generosity of many underwriting sponsors including title sponsor Caldwell Trust Company, Publix Super Markets Charities, Black Bird Home Gallery, Sarasota Memorial Health Care System, Williams Parker- Attorneys at Law, Community Foundation of Sarasota County and the Harry Leopold Fund and John & Retta Wagner.

Mark your calendar to attend. Visit [www.fortycarrots.org](http://www.fortycarrots.org) or call (941) 365-7716 and RSVP today. Reservations are required. Seating is limited.

Forty Carrots Family Center is a 501(c) 3 not-for-profit charitable organization dedicated to strengthening families through educational programs for parents, their children and professionals in the field. If you or your organization would like to contribute toward this event please call 941-365-7716. For more information visit [www.fortycarrots.org](http://www.fortycarrots.org).

For more information about the speaker Betsy Brown Braun visit [www.betsybrownbraun.com](http://www.betsybrownbraun.com)

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