



Forty Carrots Family Center is a nonprofit organization dedicated to strengthening families through educational programs for parents, children and professionals in the field.

Founded in 1993, Forty Carrots is guided by a vision that all parents will provide their children with experiences and environments that are emotionally and physically safe so that they can grow into capable and caring young people.

**AREAS OF EXPERTISE**



**PARENTING EDUCATION**

Providing information, skills and support to some of our community's most at-risk families. These services seek to improve outcomes for children ages 0-5 through its work with parents and children.



**MENTAL HEALTH**

Offering individual and group therapy to children, adolescents and their families. These services are individualized to meet each client's mental health concerns and to improve overall family functioning.



**EARLY CHILDHOOD EDUCATION**

Preparing children for success through high quality education, taught by qualified teachers integrating the latest research and best practices.

**FREE COMMUNITY OUTREACH (2018/2019)**

Currently delivering weekly parenting education and mental health services to clients throughout Sarasota and Manatee Counties at these partner locations:

- Brentwood Elementary/Sarasota Public School
- CYESIS Teen Parent Program at North Port High/Sarasota Public School
- CYESIS Teen Parent Program at Riverview High/Sarasota Public School
- First Step Mothers & Infants Program
- Fruitville Elementary/Sarasota Public School
- Gocio Elementary/Sarasota Public School
- Manatee County Libraries
- Mothers Helping Mothers
- Safe Place and Rape Crisis Center (SPARCC)
- Salvation Army
- Sarasota County Libraries
- Selah Freedom
- Soar in 4 Program/Manatee Public School
- SOLVE Maternity Homes
- Teenage Parent Program (TAPP)/Manatee Public School
- Tuttle Elementary/Sarasota Public School

**2017 - 2018 PROGRAM YEAR ACCOMPLISHMENTS**

**93%**

Clients Received Free Services

**4,607** Clients Served

**1,256 FREE**

Community Outreach Groups

**29**

Community Partner Locations