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For Immediate Release



## **Grant to Provide Counseling to Tuttle Elementary School Students**

October 19, 2017 - Forty Carrots Family Center, a nonprofit dedicated to strengthening families, received a grant of \$90,866 from Charles & Margery Barancik Foundation to provide counseling to students and their families at Tuttle Elementary School over the next three years. A Forty Carrots licensed mental health counselor will travel to the school weekly to work with students identified as needing extra support by the school staff.

“Many factors, such as exposure to violence, experiencing a trauma, or the loss of a loved one, can negatively impact a young child’s mental health,” says Carla Johanns, Forty Carrots clinical supervisor. “Left unaddressed, these issues can affect a child’s school performance, classroom behavior, and their ability to get along with their peers. This generous grant from Barancik Foundation removes barriers - in particular, cost, transportation and time - that currently keep children from getting the support they need.”

According to the Centers for Disease Control and Prevention, up to 1 in 5 children living in the U.S. shows symptoms of a mental health disorder in a given year. Yet most children who need mental health services, nearly 80 percent, won't receive them. Forty Carrots works to address unmet mental health needs of children and families throughout the community, where its nine licensed therapists provide individual and group therapy in schools, shelters and at Forty Carrots Therapy Center on Tuttle Avenue. This grant from the Barancik Foundation will enable Forty Carrots to meet the needs of some of our community’s most at-risk children.

**About Forty Carrots.** Forty Carrots Family Center strives to provide children with Good Beginning That Last a Lifetime, through its expertise in parenting education, early childhood education and mental health services. Rated 4-Stars by Charity Navigator, Forty Carrots fundraises to provide these services to families from all walks of life, with 93% of families receiving free services. To learn more: [www.fortycarrots.org](http://www.fortycarrots.org).

**About Charles & Margery Barancik Foundation.** The Charles & Margery Barancik family has long believed in the power of philanthropy to shape our world and enrich the lives of all people. IT was the expression of this belief that led them in 2014 to establish the Charles & Margery Barancik Foundation – a private, family foundation located in Sarasota, Florida. The Barancik Foundation creates initiatives and awards grants in Sarasota and beyond in the areas of education, humanitarian causes, arts and culture, the environment, and medical research. For further information, please contact Kelly Romanoff at [KRomanoff@BarancikFoundation.org](mailto:KRomanoff@BarancikFoundation.org).

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