



## Parenting Program Mental Health Therapist Job Description

The Child & Family Mental Health Therapist is responsible for providing mental health therapy to children, families and adults. The Mental Health Therapist works under the direct supervision of the Clinical Supervisor and is expected to use Forty Carrots Family Center's mission, values, vision, philosophy, and goals as the basis for all interactions with children, families, and staff as well as follow all policies and procedures as outlined in the Forty Carrots Family Center Staff Handbook. Specific duties include the following:

- Keep Florida clinical mental health licensure up to date;
- Maintain and provide Forty Carrots Family Center up to date malpractice insurance;
- Provide individual, family, or group therapy based on evidence-based practice models;
- Maintain a safe and nurturing environment;
- Facilitate the growth of parent-child relationships and healthy child outcomes by building relationships with parents and children;
- Maintain accurate record of attendance and registration;
- Maintain clients files, including case notes after each therapy session;
- Maintain confidentiality of records relating to the clients treatment;
- Secure clients information per HIPPA standards;
- Keep all appointments on the Forty Carrots Therapy Electronic Outlook Calendar;
- Be familiar with private and sliding scale resources in the community for client referrals;
- Comply with Child & Family Therapy Policies & Procedures;
- Participate in Peer Supervision monthly meetings with the department;
- Participate in individual Case monthly meetings with the Clinical Supervisor;
- Mentor colleagues when applicable;
- Share responsibilities as needed;

### **Professional Requirements:**

- Mental Health Therapist should have a masters or doctoral degree in a mental health-related field (Social Work, Psychology, Marriage and Family Therapy, Counseling...)
- Therapist should be independently licensed in Florida and follow all licensing requirements

### **Status:**

Non-Exempt from Overtime

### **Physical Demands of the Job:**

The job of the Child & Family Mental Health Therapist requires manual dexterity and the ability to: see, hear, speak, move and react quickly, sit comfortably on the floor, walk, stand, balance, drive and lift or carry up to 30 lbs. Reasonable accommodations, which do not create hardship for the employer, may be made to enable qualified applicants and employees with known disabilities to perform the essential functions of the job.

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Employee Signature

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Date