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For Immediate Release



## **Forty Carrots Receives Grant to Expand Child & Family Therapy Program**

December 13, 2016 - Forty Carrots Family Center, a local nonprofit dedicated to strengthening families, will expand its Child & Family Therapy services with the help of a generous three-year grant from the Charles & Margery Barancik Foundation. The grant of \$196,200 will support the growing program, including the addition of a new Clinical Supervisor to ensure that families have access to the best quality of care. Forty Carrots Child & Family Therapy services grew 61% in the last year.

“For some of the families we serve, Child & Family Therapy is an essential part of building a strong foundation that allows children and parents to thrive,” said Michelle Kapreilian, executive director. “The Barancik Foundation is a tremendous partner in helping us meet the remarkable need and to make a difference in young lives.”

Forty Carrots Family Center began offering mental health services to address unmet needs encountered in its Free Community Outreach Program. In addition to mental health groups provided at locations like SPARCC and Salvation Army, Forty Carrots provides Child & Family Therapy individual services. Forty Carrots recently completed a capital campaign adding a reception area, two new therapy rooms and office space for Therapists and an Intake Coordinator.

**About Forty Carrots.** Forty Carrots Family Center strives to provide children with a Good Beginning That Lasts a Lifetime through its Parenting Program, Mental Health Services, and Preschool. Its Community Outreach program provides more than 1,000 free parenting education and mental health classes throughout in Sarasota and Manatee counties annually. Rated 4-Stars by Charity Navigator, Forty Carrots fundraises to provide these services to families from all walks of life, with 93% of families receiving free services. To learn more about Forty Carrots programs, including Child & Family Therapy: [www.fortycarrots.org](http://www.fortycarrots.org).

**About Charles & Margery Barancik Foundation** The Charles and Margery Barancik family has long believed in the power of philanthropy to shape our world and enrich the lives of all people. It was the expression of this belief that led them in 2014 to establish the Charles & Margery Barancik Foundation —a private, family foundation located in Sarasota, Florida. The Barancik Foundation creates initiatives and awards grants in Sarasota and beyond in the areas of education, humanitarian causes, arts and culture, the environment, and medical (research/resources). For further information, please contact Kelly Romanoff at [KRomanoff@BarancikFoundation.org](mailto:KRomanoff@BarancikFoundation.org).

Photo: Dr. Rosemary Cullain, clinical supervisor for Child & Family Therapy at Forty Carrots Family Center, pictured in one of the new Therapy Rooms.

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